Words that create tension and Suspense

anxious afraid apprehensive cold sweat. carefully cautiously cobweb confused darkness dread doubt distress eerie fright fear/ fearful foq gasped hesitant horrible Horror howl haunt. intrude jolt midnight missing nervously panic shake

silently stressed shocked shudder strained shivered shadows Tense tremble unexpectedly uncertain unsure Unease unknowing unnerving weird worried

Phrases:

all of a sudden ...
from the shadows
felt heart pounding
hair stand up on back of neck
in alarm ...
out of the corner of his/her eyes
out of place
without warning ...
without hesitation ...